

CES WINTER BREAKFAST MENU

NOVEMBER, DECEMBER, JANUARY, FEBRUARY

MONDAY

BAGGED BAGELS
OR
CEREAL AND TOAST
APPLE SAUCE
OJ/MILK

DONUTS
OR
CEREAL AND TOAST
APPLESAUCE
OJ/MILK

BAGGED PANCAKES W/
SYRUP
OR
CEREAL AND TOAST
APPLESAUCE
OJ/MILK

FRENCH TOASTIES
OR
CEREAL AND TOAST
APPLESAUCE
OJ/MILK

TUESDAY

BISCUIT & GRAVY
OR
CEREAL AND TOAST
MIXED FRUIT
OJ/MILK

SAUSAGE & BISCUIT
OR
CEREAL AND TOAST
MIXED FRUIT
OJ/MILK

BISCUIT & JELLY
OR
CEREAL AND TOAST
MIXED FRUIT
OJ/MILK

CHICKEN & BISCUIT
OR
CEREAL AND TOAST
MIXED FRUIT
OJ/MILK

WEDNESDAY

BREAKFAST PIZZA
OR
PARFAIT
SLICED APPLES
OJ/MILK

BREAKFAST PIZZA
OR
CEREAL AND TOAST
BAKED APPLES
OJ/MILK

BREAKFAST PIZZA
OR
PARFAIT
SLICED APPLES
OJ/MILK

BREAKFAST PIZZA
OR
CEREAL AND TOAST
BAKED APPLES
OJ/MILK

THURSDAY

PANCAKE WRAPS W/
SYRUP
OR
CEREAL AND TOAST
Mandarin ORANGES
OJ/MILK

CEREAL DAY!!
CINNAMON TOAST
MANDARIN ORANGES
OJ/MILK

MINI CINNI'S
OR
CEREAL AND TOAST
MANDARIN ORANGES
OJ/MILK

CEREAL DAY!
POPTART
MANDARIN ORANGES
OJ/MILK

FRIDAY

SCRAMBLED EGGS, TOAST
AND BACON
OR
CEREAL AND TOAST
PINEAPPLE
OJ/MILK

GRILLED CHEESE
OR
CEREAL AND TOAST
PINEAPPLE
OJ/MILK

FRUDEL
OR
CEREAL AND TOAST
PINEAPPLE
OJ/MILK

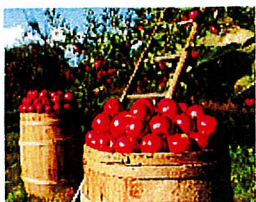
BREAKFAST BURRITO
OR
CEREAL AND TOAST
PINEAPPLE
OJ/MILK

WEEK 1

WEEK 2

WEEK 3

WEEK 4



CES WINTER MENU

LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

PIZZA STICKS
CURLY Q'S
YOGURT
CELERY
PEARS/ APPLE
OJ/ MILK

CHICKEN NOODLE
W/CRACKERS
WHOLE GRILLED CHEESE
CARROT STICKS/ CELERY
ANNIE'S BUNNY GRAHAMS
ORANGE/APPLE
OJ/MILK

CHICKEN QUESADILLA
CHIPS W/ SALSA
BROCCOLI/CAULIFLOWER
GRAPES/APPLE
OJ/MILK

SPAGHETTI W/ MEAT SAUCE
BREADSTICK
GARDEN SALAD
BROCCOLI
STRAWBERRIES/APPLE
OJ/MILK

HOT DOG ON BUN
(SAUCE OPTIONAL)
BAKED BEANS
FRENCH FRIES
ORANGE / APPLE
OJ/MILK

WEEK 2

CHEESE PIZZA SLICE
CORN ON COB
FRIES
WHOLE PEAR/APPLE
OJ/MILK

CHICKEN ALFREDO
STEAMED BROCCOLI
CARROT STICKS
BREADSTICK
YOGURT
ORANGE/APPLE
OJ/MILK

AHOY! STICKS
SCALLOPED POTATOES
GREEN BEANS
GRAPES/APPLE
OJ/MILK

WALKING TACO
STEAMED CARROTS
CAULIFLOWER
RICE KRISPY TREAT
FRESH ORANGE
OJ/MILK

CHEESE BURGER ON BUN
BAKED BEANS
PICKLE SPEAR
ORANGE/APPLE
OJ/MILK

WEEK 3

PIZZA STICK
CURLY Q'S
CELERY
GOGURT
WHOLE PEAR/ APPLE
OJ/MILK

CHILLI W/ CRACKERS
STRING CHEESE
CARROT STICKS/CELERY
COOKIE
ORANGE/APPLE
OJ/MILK

MEATLOAF
MASHED POTATOES
WHITE SHOE PEG CORN
ROLL
GRAPES/APPLE
OJ/MILK

CHICKEN NUGGETS
MACARONI N' CHEESE
GARDEN SALAD
STRAWBERRIES/APPLE
OJ/MILK

GOBBLER CLUB W/ LETTUCE
& TOMATOE
BAKED BEANS
RICE KRISPY TREAT
ORANGE/APPLE
OJ/MILK

WEEK 4

CHEESE PIZZA ROUND
CORN ON THE COB
CELERY
PEARS/APPLE
OJ/MILK

HOT HAM N' CHEESE
STEAMED CARROTS
BROCCOLI
ORANGE/APPLE
OJ/MILK

BBQ CHICKEN ON BUN
BAKED BEANS
CHIPS W/ SALSA
CAULIFLOWER
GRAPES
OJ/MILK

MINI CORN DOGS
MACARONI N' CHEESE
GARDEN SALAD
SMART COOKIE
STRAWBERRIES/APPLE
OJ/MILK

SALISBURY STEAK W/GRAVY
MASHED POTATOES
GREEN BEANS
ROLL
ORANGE/APPLE
OJ/MILK

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