Enduring Skills **Initial** List for **Physical Education** Kentucky Dept. of Education March 2014

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| **Enduring Skill** | **Reference to Standards** | **What’s Mastery Look Like at your Grade Level?** | **Sources of Evidence:**  **What is available or needs to be developed?** |
| Demonstrates competency in a variety of motor skills and movement patterns(NPES 1) | PL-H-PS-U-2  PL-6-PS-S-2  PL-4-PS-S-2  PL-P-PS-S-1 |  |  |
| Applies knowledge of concepts, principles, strategies and tactics related to movement and performance (NPES 2) | PL-H-LPW-S-4  PL-7-LPW-U-3  PL-5-PS-S-1  PL-P-PS-S-4 |  |  |
| Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness (NPES 3) | PL-H-LPW-S-5  PL-8-LPW-S-1  PL-4-LPW-S-6.a-c  PL-P-LPW-S-4 |  |  |
| Exhibits responsible personal and social behavior that respects self and others (NPES 4) | PL-H-LPW-S-1  PL-6-LPW-S-8  PL-5-LPW-U-7  PL-P-LPW-U-6 |  |  |
| Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction (NPES 5) | PL-H-PS-S -5  PL-7-LPW-S-7.a-d  PL-4-LPW-S-7  PL-P-LPW-S-2 |  |  |
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*NPES = National Physical Education Standard*

Links to NPES and KCAS alignment documents:

* High School: <http://education.ky.gov/curriculum/CSH/Documents/High%20School%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
* Middle School: <http://education.ky.gov/curriculum/CSH/Documents/Middle%20School%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
* Intermediate: <http://education.ky.gov/curriculum/CSH/Documents/Intermediate%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
* Primary: <http://education.ky.gov/curriculum/CSH/Documents/Primary%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>

Link to AAHPERD document:

* <http://www.aahperd.org/whatwedo/upload/Grade-Level-Outcomes-for-K-12-Physical-Education.pdf>